

# Positive Values of Students: Tool in Preventing Bullying

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**Abstract:** - This study aimed to determine the positive values of students in Mangataram National High School. A total of ninety (90) students out of 452 were considered as respondents of the study. It used the descriptive method of research and utilized questionnaire to gather the needed data. Based on the foregoing findings of the study, the following conclusions have been drawn, most of the grade 10 students are female, Roman Catholic, having a monthly income of 10,000-29,000 pesos (Philippine Currency) and with parents who are elementary graduates. Grade 10 students have very high adherence along the core values as assessed by students themselves except for Maka-Diyos (Godly). Based on the conclusions drawn, the researcher strongly recommended the following: Students must be religious to always exemplify the value of Maka-Diyos (Godly) and for them to love more the nature. Students should continue to be Maka-Diyos (Godly), Makabansa (Nationalistic), Makatao (Humane) and Maka-kalikasan (Nature Lover) to be able to prevent evolving situations in bullying.

**Key Words:** *Positive, Values, Tool, Bullying.*

## I. INTRODUCTION

Human values are the principles, standards, convictions and beliefs that people adopt as their guidelines in daily activities. Principal human values are the foundation on which professional ethics are built. They are a set of consistent measures and behaviors that individuals choose to practice in the pursuit of doing what is right or what is expected of them by society. Most laws and legislation are shaped by human values (Eagly, 1993).

However, based on the observation, values of students in Mangataram National High School are getting worst and alarming. These situations are cause of variety of values which students are come from different family orientation and as well as with the effects of internet specifically the different widespread networking sites. Values are easily adopted by the students with the rampant and massive innovation of gadgets. Therefore, with the continuous development of technology, learners/students are also receptive in all manners of adaptation.

However, current dilemmas are which of the values should possess the students to prevent the bullying inside the classroom and inside the school campus? Which values should inculcate the teachers to students in attaining harmonious and friendly school environment?

Likewise, human values are passed by parents to their offspring soon after childbirth and are instilled throughout the children's upbringing. As they grow, children learn more values from their peers, religious leaders, teachers, friends and society at large. These attributes include honesty, trustworthiness, diligence, discipline, fairness, love, peace, justice, care for one another and being mindful of the environment, including plants and animals.

In addition, selflessness and putting the well-being of all before a person's own needs are desirable human values. Generally, human values are highly encouraged in society, while negative attributes are discouraged and condemned. These values are passed from one generation to another. People with excellent human values are usually held in high esteem, admired and rewarded. The traits are important especially in leaders and people in influential positions. All cultures and societies encourage teachers, doctors, lawyers, politicians, business people and other professionals to have strong human values.

Schools in the Philippines, both elementary and secondary, strongly commit to developing the values of students through classroom instruction, curricular activities, and extra-curricular activities which are also the major trusts of the K-12 curriculum.

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The goal of the K to 12 curriculums is to holistically develop Filipinos with 21st century skills. The development of learners' cognitive competencies and skills must be complemented by the formation of their values and attitudes anchored on the vision, mission, and core values of the Department of Education (DepEd Order no. 36, s.2013). Non- DepEd schools may modify or adopt these guidelines as appropriate to the philosophy, vision, mission, and core values of their schools.

### 1.1 Research Questions

This study aimed to determine the positive values of students' tool in preventing school/classroom bullying in Mangatarem National High School during the School Year 2017-18

Specifically, this study sought answers to the following problems:

1. What is the profile of the respondents in terms of their:

- Sex
- Religion
- GPA (General Point Average) of the Previous Year
- Honors/awards received
- Organization/club membership
- Classroom positions
- Monthly family income
- Birth order, and
- Parents' highest educational attainment?

2. What is the frequency of students' adherence along the following core values as assessed by the students' themselves as a way in preventing bullying:

- Maka-Diyos (Godly)
- Makabansa (Nationalistic)
- Makatao (Humane) and
- Maka-Kalikasan (Nature Lover)

### 1.2 Research Design

The descriptive-survey method was used in this study. Descriptive research attempts to collect data from members of a population in order to determine the current status of that population with respect to one or more variables; and in order to test hypotheses or answer questions. This design typically collects data through a questionnaire survey, an interview or observation. (Zulueta, 2003 & Calderon, 2006).

Likewise, descriptive evaluation research involves data gathering that describe events and then organizes, tabulates, depicts, and describes the data collection (Glass & Hopkins,

1984). A survey was conducted to generate data from the respondents.

Furthermore, according to Sevilla, et.al. (1998) descriptive method of research is employed to describe the nature of a situation as it exists at the time of the study and to explore the causes of particular phenomena.

Manlapaz, et.al. (2005) describes descriptive research as dealing with what is designed for the investigator to gather information about the present conditions, status or trend, and dealing with what are prevailing. Descriptive researchers seek "what is". The main objective is to describe the nature of a situation, as it exists at the time of the study.

## II. PRESENTATION, ANALYSIS AND INTERPRETATION OF DATA

This part includes the sex, religion, GPA (General Point Average) of the previous year, honors/awards received, organization/club membership, classroom positions, monthly family income, birth order, and parents' highest educational attainment of the Grade 10 students of Mangatarem National High School.

Sex. It could be gleaned on the table that most of the students are female as indicated by the frequency of 53 or 58.9% while there are thirty-seven (37) or 41.1% of them are male. The data imply that there is still higher fecundity among female compared to male.

Religion. Majority of the respondents are Roman Catholic as supported by the frequency of 64 or 71.1%. Twelve (12) or 13.3% of them are members of Iglesia Ni Cristo. While there are eleven or (11) or 12.2% are Born Again Christians, there are 3 or 3.3% of them are members of the Church of the Latter-Day Saints. Results may imply that the religion of the respondents vary proving that the Philippines is a multi-cultural and multi-denominational country.

General Point Average (GPA). Most of the respondents had a GPA of 86-90 as evidenced by the frequency of 40 or 44.4%. While there are thirty (30) or 33.3% of them had an average of 91- 95, there are six (6) or 6.7% had an average of 81-85. It is so remarkable to note that fourteen (14) of them or 15.6% had an average of 96-100.

Honors Received. The table shows that out of the 90 students, fourteen (14) or 15.6% have achieved with highest honors as an indication of their scholastic performance. While there are 5 or 5.6% have reached with high honors, there are nine (9) or 10% have attained the scholastic standing placing with honors.

However, most of the students have not attained any of the Latin Honors as indicated by the frequency of 19 or 21.1%.

Department of Education Order 36, s. 2016 stated the policy guidelines on awards and recognition for the K to12 Basic Education Program that students having an average from 90-94, 95-96, 97-100 will be awarded the with honors, with high honors and with highest honors, respectively.

Classroom Position. It could be seen on the table that most of them do not occupy any classroom office as indicated by the frequency of 31 or 34.4%. While there are 12 or 13.3% of them are Presidents, there are 10 or 11.1% are Vice-presidents. It could also be noted that six (6) of them or 6.7 are secretaries, eleven (11) or 12.2% are treasurers and eight (8) or 8.9% are business managers.

The data imply that students are also active along organizations because this could be a contributory factor for their personality development and somehow a reason to enhance self-discipline and to develop public relations.

Student organization officers are responsible for providing all aspects of leadership for the student organization and are responsible for their own actions as well as the actions of all student organization members. It requires an organizational structure to ensure that required duties are complete and the club/organization remains a viable part of the campus community. ([www.csuci.edu/studentleadership/clubs](http://www.csuci.edu/studentleadership/clubs)).

Monthly family income. Most of the students have a family income of 10,000-29,000 as evidenced by the frequency of 44 or 48.9%. While there are 6 or 6.7% have an income ranging from 50,000 and above, there are 14 or 15.6% of them are having a monthly income of 30,000-49,000. It could also be noted that twenty-six (26) or 28.9% of them have a monthly family income of 9,000 and below.

The data of the study imply that most families are within or below poverty line because according the survey published on October 24, 2016 stressing that the average family income of a Filipino family in 2015 is estimated at Php 22,000.00 pesos monthly.

Birth Order. It could be seen on the table that most of the respondents are only child in their family as indicated by the frequency of 29 or 32.2%. Twenty (20) of them or 22.2% are second-born eighteen (18) or 20% are fourth-born. However, it is also interesting to note that three (3) or 3.3% are fifth-born children onwards.

Mothers' Highest Educational Attainment. It could be gleaned on the table that majority of the mothers of the respondents are elementary graduates are evidenced by the frequency of 52 or 57.8%. While there are twenty-seven (27) of them are high school graduates, there are 11 or 12.2% are college graduates.

Fathers' Highest Educational Attainment. It is reflected on the table that the highest educational attainment of the fathers is

also the same with the case of attainment of the fathers of the respondents are indicated by the frequency of 43 or 47.8%. There are 35 or 38.9% and 12 or 13.3% are high school and college graduates, respectively.

The data shows that most parents are undergraduate. This is somehow attributed to the fact that most of them are financially-disadvantaged which hampered them to pursue their studies.

### III. FREQUENCY OF STUDENTS' ADHERENCE ALONG CORE VALUES AS ASSESSED BY THEMSELVES

Core values are those which form the foundation on which everyone performs work and conducts themselves. These are not descriptions of the work or strategies that are employed to accomplish a mission. The values underlie the work, how interact with each other, and which strategies that are employed to fulfill the mission. Likewise, the core values are the basic elements of how everyone goes about the work and these are the practices that are being done every day.

#### 3.1 Along *Makadiyos (Godly)*

It is so remarkable to note that among the 90 students, there is one (1) who has noted that engages oneself in worthwhile spiritual activities has very low adherence. This maybe because of the fact that in a group, there is always a black sheep who violates the rule. Nevertheless, students evaluated themselves with high adherence along all items especially in terms of respecting religious beliefs of others, expecting honesty from others and aspiring to be fair and kind to all.

Peterson (2013) supports the findings of the study that no matter what religion you follow; as a spiritual person you should always show respect and love for other people, even those who do not believe in God at all. God loves all of his children and wants them to be happy. Showing respect for religious beliefs of others reflects your love for God.

Likewise, Lee (2014) strengthened the findings of the study that showing kindness to others is something virtually all religions teach; however, religion is one of the most common causes of conflict. However, honesty should always be at hand to establish understanding.

#### 3.2 Along *Makabansa (Nationalistic)*

There are two (2) among the students assessed that there is low adherence in terms of abiding by the rules of the school, community and country. This is maybe attributed to the fact that there are evidences of vandalism on the fences and on the sides of the school buildings. Likewise, there are, in like manner, two (2) of them have low adherence in terms of managing time and

personal resources efficiently and effectively since they are still adolescents, they are sometimes easy-go-lucky because of their aggressiveness and insensitivity.

Conversely, majority of the students have assessed that all items are very highly adhered by them as supported by the average weighted mean of 4.76.

The very high adherence of students along Makabansa is supported by the study of Gomez (2012) reflecting that students observe the recitation of Panatang Makabayan and the frequent singing of the National Anthem which instill their love and passion for the country.

Likewise, this finding also highlighted in the study of Funtecha (2008) that the Philippines' national hero, Jose Rizal, expressed the utmost importance of loving one's country through loving one's language, among others. He wrote in Filipino: "Ang di marunong magmahal sa sariling wika, ay mas masahol pa sa malansang isda." It is sad to note that, in today's times, there are many Filipinos who admire their countrymen who are very good in speaking the English language but consider those not good in English as not as intelligent or not as knowledgeable as the others.

He further elaborated that it is important for the Filipinos to be able to communicate very well in English. But, everyone who thinks of himself as Filipino has also the responsibility to love the country of his birth and, naturally, his own language. It is only in their language that the Filipinos are able to distinguish themselves from other peoples of Asia, especially now that it is already possible to change the color of the skin and the shape and features of the face. In a sense, it is only the language that seem to be the remaining link to the Filipino spirit and his potential towards a lasting national identity.

### 3.3 Along Makatao (Humane)

The two of the respondents assessed themselves that they moderately adhered since some students are still careless and offhand, they are not so cautious of the things they borrow. Likewise, there are also two students who evaluated cooperation during activities as moderately adhered which could also be attributed to the feeling of isolation that is sometimes inherent to all adolescents as part of self-discovery. Over-all, the students have very highly adherence along makatao as indicated by the average weighted mean of 4.79.

Nagahama (2014) supports the findings of the study that through respecting the feelings of others, we encourage them to share their feelings and experiences in a more friendly way, which reinforce relationship. Only having a respect for them is not enough, we have to show them that we care about them through empathy and understanding. We should never advice

without being asked, criticize or lecture others because we do not know those people well enough to judge. In other words, disrespect is a sign of ignorance.

Furthermore, being Makatao (Andler, 2014) is by listening them with empathy and non-judgmental way so that they can share their feelings comfortably. After all, all human beings have more similarities underneath skin colour, race and religion.

Additionally, it is believed that everyone deserves respect to show the value of "Makatao". So treat people in a manner in which expected to be treated. If in any case, the action is going to affect other people, everyone needs to consider those people feelings before deciding.

### 3.4 Along Makakalikahan (Nature Lover)

It could also be noted that among the respondents, there is one (1) who assessed that practicing waste management is moderately adhered because it is so evident that wastes in school are littered the fact that there are trash bins. Likewise, there are three (3) of them who evaluated that showing a caring attitude toward the environment as moderately adhered since some of the students sometimes or most of times practice lavish and excessive use of papers and of not planting trees in their backyards.

However, it is so interesting to note that students have very highly adherence as assessed by themselves along care for the environment and utilize resources wisely, judiciously, and economically.

The very high adherence of students along Maka-kalikahan is supported by Taylor (2010) in his book entitled, "In Respect for Nature" which draws that all life on earth has value.

## IV. FINDINGS OF THE STUDY

### 4.1 Profile of the Grade 10 Students

Sex. Most of the students are female as indicated by the frequency of 53 or 58.9% while there are thirty-seven (37) or 41.1% of them are male.

Religion. Majority of the respondents are Roman Catholic as supported by the frequency of 64 or 71.1%. Twelve (12) or 13.3% of them are members of Iglesia Ni Cristo. While there are eleven or (11) or 12.2% are Born Again Christians, there are 3 or 3.3% of them are members of the Church of the Latter-Day Saints.

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so remarkable to note that fourteen (14) of them or 15.6% had an average of 96-100.

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#### *4.2 Frequency of Students' Adherence Along Core Values as Assessed by Themselves*

Along Maka-Diyos (Godly). Grade 10 students have very high adherence along Maka-Diyos as evidenced by the average weighted mean of 4.74 as assessed by themselves.

However, it is so remarkable to note that among the 90 students, there is one (1) who has noted that engages oneself in worthwhile spiritual activities has very low adherence.

This maybe because of the fact that in a group, there is always a black sheep who violates the rule. Nevertheless, students

evaluated themselves with high adherence along all items especially in terms of respecting religious beliefs of others, expecting honesty from others and aspiring to be fair and kind to all.

Along Makabansa (Nationalistic). There are two (2) among the students assessed that there is low adherence in terms of abiding by the rules of the school, community and country. Conversely, majority of the students have assessed that all items are very highly adhered by them as supported by the average weighted mean of 4.76.

Along Makatao (Humane). Taking good care of borrowed things has been assessed by the students as very highly adhered. However, two of them assessed that this is moderately adhered since some students are still careless and offhand, they are not so cautious of the things they borrow. Likewise, there are also two students who evaluated cooperation during activities as moderately adhered which could also be attributed to the feeling of isolation that is sometimes inherent to all adolescents as part of self-discovery.

Over-all, the students have very highly adherence along makatao as indicated by the average weighted mean of 4.79.

Along Maka-kalikasan (Nature Lover). Students have very high adherence along maka-kalikasan as evidenced by the average weighted mean of 4.71.

Among the respondents, there is one (1) who assessed that practicing waste management is moderately adhered because it is so evident that wastes in school are littered the fact that there are trash bins. Likewise, there are three (3) of them who evaluated that showing a caring attitude toward the environment as moderately adhered since some of the students sometimes or most of times practice lavish and excessive use of papers and of not planting trees in their backyards.

However, it is so interesting to note that students have very highly adherence as assessed by themselves along care for the environment and utilize resources wisely, judiciously, and economically.

## **V. CONCLUSIONS**

Most of the Grade 10 students are female, Roman Catholic, having a monthly income of 10,000-29,000 and with parents who are elementary graduates. Meanwhile, Grade 10 students have very high adherence along the core values as assessed by the students themselves except for Maka-Diyos (Godly) which has been assessed as high among teachers.

Religion is significantly related to Maka-Diyos (Godly) and Maka-kalikasan (Nature Lover), GPA is positively related to all

core values and honors received is significantly related to Maka-kalikasan (Nature Lover).

#### RECOMMENDATIONS:

Based on the conclusions drawn, the researcher strongly recommended the following:

Students should sustain their adherence to all core values and they should also consider Maka-Diyos because this should be the priority because being Godly reinforces the love for the nature, the country and other people.

Students must be religious to always exemplify the value of Maka-Diyos and for them to love more the nature. Since GPA is correlated to all core values, then students should be academically performing.

Students should continue to be Maka-Diyos, Makabansa, Makatao and Maka-kalikasan to be able to prevent the evolving numbers cases of bullying.

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